

July 2020

# A Message from the President & CEO



Sylisa Lambert-Woodard, EdD, LCSW, LSATP, MAC

"Pathway Homes embodies the spirit of recovery: embracing an attitude of hope, self- determination and partnering with each individual on their personal journey toward achieving self- fulfillment and realizing their dreams. We fulfill our mission by making available to individuals with mental illness and co -occurring disabilities a variety of nontime-limited, affordable housing, and services to enable them to realize

their individual potential."Pathway Homes Mission

#### Make a Gift Here!

# In Their Own Words

### Hear from a few of our Summer of the Arts 2020 artists!



Over the past 25 years, Mitch has perfected his minimal abstract surrealism technique. Inspired by the composition of his pieces his connection of resilience to repetition comes through in his art.

He has taken art courses in high school, college and community schools. In addition to his drawings, Mitch also has created designs for booklets as well as written pieces. Mitch believes art is pure inspiration. It sustains itself.



Over the past 10 years, Lorraine has created many unique abstracts that she has exhibited and shared with those she appreciates and admires. She has taken art classes at the Torpedo Factory Art Center.

When it comes to art, Lorraine explained, "When I think of a vision of hope, my art is a masterpiece. It is a design for a vision and hope for the future. A masterpiece that is a work of art in progress."



"My choices, acts, aspirations, goals, research, abilities and kindness allow me to live without forgetting the past, family, and friends.... Today, my lifelong attempts at building what I visualize has led me this far.

Today, redefining my artistry, with science, technology, engineering, and math has continued to lead me to eventually make what the world has never seen before." - Thomas Joseph O'Shea Sr.

# Pathway Homes' 8th Annual Summer of the Arts



Due to COVID, we have a new option this year where you can view and purchase the art online at <u>https://www.sota.pathwayhomes.org/</u> !

The Summer of the Arts Exhibit showcases the creativity of many of our community members who are living with mental illness.

The artists use art to express their journeys through recovery. The event supports their talents by providing a wonderful opportunity for the individuals Pathway Homes serves to display their artwork publicly at an event that many look forward to all year. Artists receive 100% of proceeds. The exhibit honors Karen Free, a Pathway Homes resident, and artist who passed away in 2011.

For many individuals managing the symptoms of mental illness, drawing and painting provide a therapeutic outlet to express and understand their mental state. As a result, these artists exhibit works of raw beauty and inspiration.

We thank the Vienna Arts Society for their hospitality and partnership in presenting our annual show.

#### When?

Summer of the Arts 2020 opens on Thursday, July 2nd and runs through Thursday, July 30th.

#### Where?

Vienna Arts Society 513 Maple Ave W # 1 Vienna, VA 22180

No RSVP needed! You don't want to miss out! Due to COVID, the Vienna Arts Society has altered hours, please call before going in person (703-319-3971).

40th Anniversary Breakfast Will Be Virtual



40th Anniversary Celebration

Steps to Pathways

<<c>Virtual Breakfast <>>>>

OCTOBER 28, 2020

# STARTING AT 8:30AM EST

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For the past 40 years, Pathways has been committed to our mission of embodying the spirit of recovery : embracing an attitude of hope, self-determination and partnering with each individual on their personal journey toward achieving self-fulfillment and realizing their dream.

> We fulfill our mission by making available to individuals with mental illness and co-occurring disabilities a variety of non-time limited housing and services to enable them to realize their individual potential.

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For sponsorship information or any questions, please contact Leslie Wadler at lwadler@epiphanyproductions.com or call (703)683-7500

Pathway Homes is a 501(c)3 non-profit organization.

For the safety of our guests, staff, and speakers, we have decided to make the 40th Annual Steps to Pathways Breakfast VIRTUAL!

We look forward to seeing your beautiful, caring faces through our computer screens as we discuss the impact on providing a home and hope in the journey of recovery.

Registration information will be available starting August 1, 2020.

